BHC Resource Template

Condition:

What is the impact to a person’s health and overall well-being, including symptoms:

Behaviors that contribute to or exacerbate condition:

Evidence Based treatment guidelines (medical and/or behavioral) for condition –Include sources (journal, author, website):

Common Medical Treatment goals for condition:

1.

2.

3.

Common Self-Management Goals:

1.

2.

3.

4.

5.

Potential BHC interventions:

1.

2.

3.

4.

Patient Handouts (Education, monitoring/tracking, etc):

Please attach at least 3 reproducible patient handouts for this condition

Missouri, local, or online Resources for this condition:

1.

2.

3.